

PUPIL POST



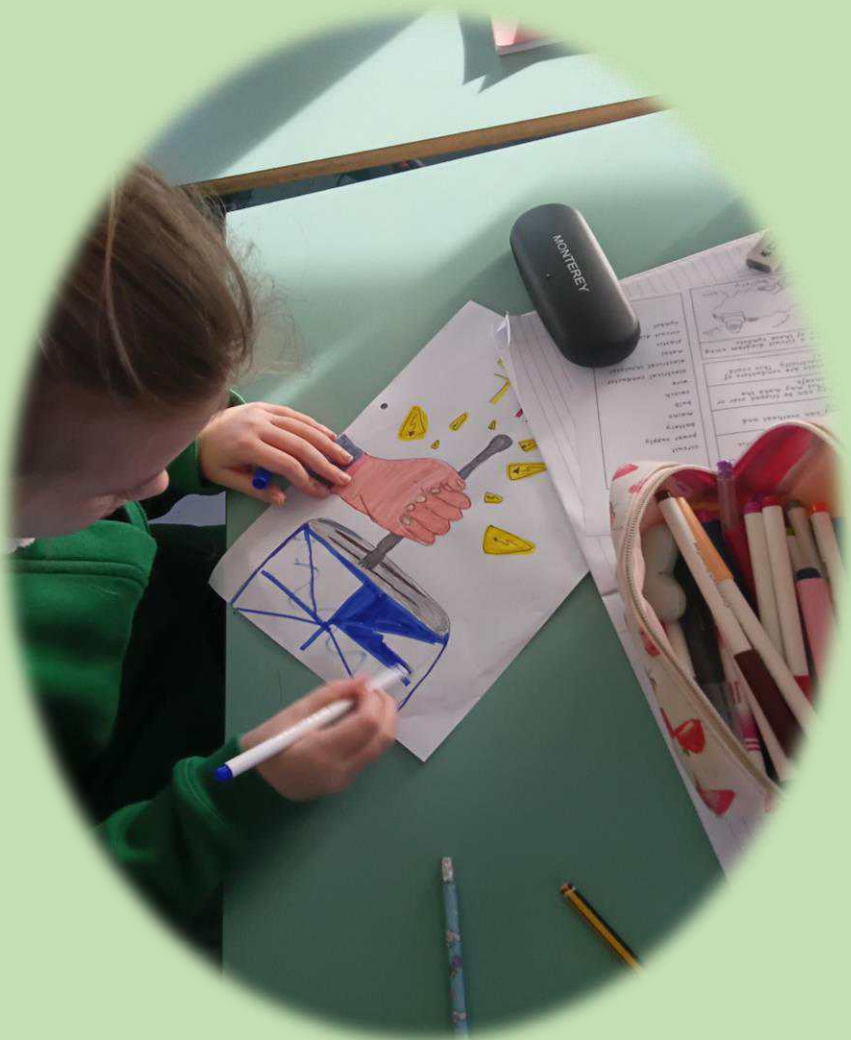
4th Sunday of Advent Year C
22nd December 2024



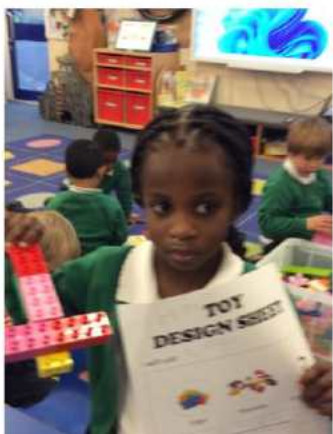


Year 1 making cards for Christmas.

In Science, Y4DA were looking
at electrical safety and
designing their own posters.



Our Reception children have been busy as Santa's little helpers! They've been using their creativity to design some amazing toys for Christmas.





The Reception children
have also embraced the
festive spirit when
learning outdoors!





**Busy in
Nursery
class!**

Counting a
number of
Christmas
presents - one
number for each
present 🎁



PIC•COLLAGE

PIC•COLLAGE

Year 6MF had
fun painting
their DT
projects!
Mrs. Whitty was
very impressed
with their
playground
designs.

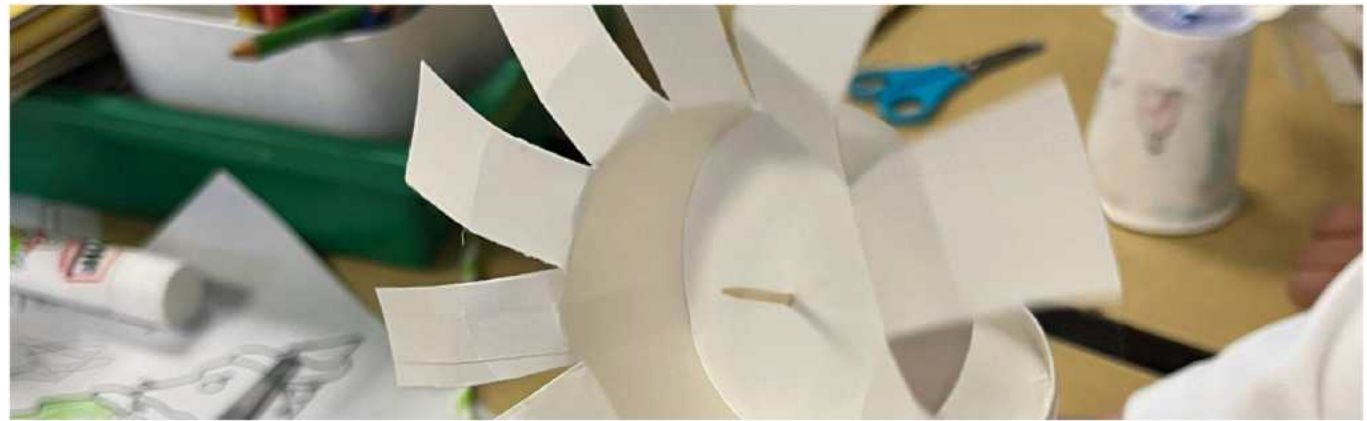




The Nursery
Toy Shop was
busy on
Thursday afternoon
- low stock!

Year One had fun
creating windmills in
DT.

First they decorated
the structure,
then they cut the
sails, finally they
constructed
the rotor.
Well done!



Nursery class - applying their knowledge of number.



Designing Christmas wrapping paper



Wrapping Station



PIC•COLLAGE



PIC•COLLAGE



Y4 Christmas celebrations - we have been getting ready for the New Year in style.

We hope you like our calendars.





This week Year 5 TB has been exploring and making Doodlers. The pupils designed and built their own versions based on their research. Watch it draw here: <https://x.com/i/status/1870144917369983142>

The Reception children had a fantastic time playing Pass the Parcel. Lots of laughter and big smiles all around!





PIC•COLLAG

PIC•COLLAG



Reception Mozart
enjoyed party
games.

They are so excited
now for Christmas.

Year 5 and 6 came
together on the final
morning for a
Christmas quiz!

Super teamwork,
everyone!



Party Time in the Nursery

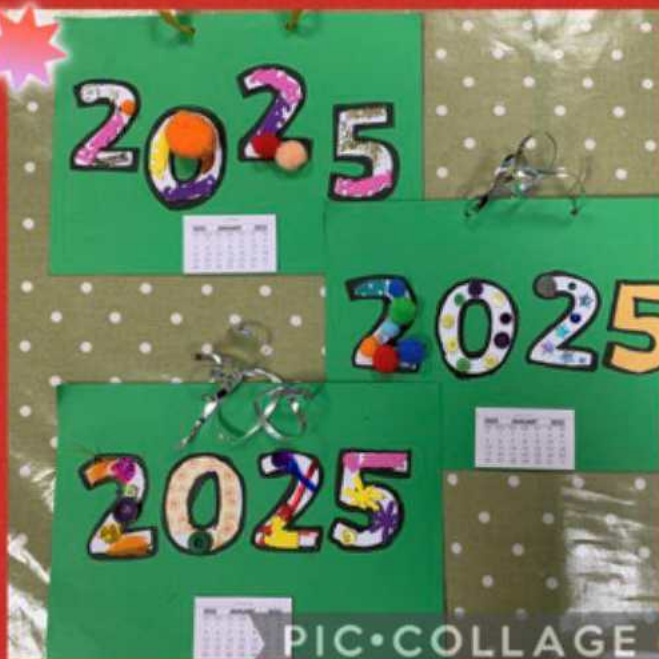




Watch us here:

<https://x.com/i/status/1870064831107154069>





**Year 2
wish you
all a very
blessed
Christmas.**

A huge thank you to everyone who took part in our Posada this year. It has been wonderful to see you welcoming Mary and Joseph into your homes and to read the beautiful prayers you have written.



**Congratulations to the two lucky winners of
our Snowman Raffle.
A total of £114 has been raised for Cancer
Research. Thank you all for your support.**



Reverse Advent Calendar

Collection:

- . Pasta and rice
- . Cooking sauces
- . Tinned meat (stews and meatballs) and fish (tuna, mackerel)
- . Tinned vegetables
- . Tinned/packet soups
- . Tinned baked beans and spaghetti
- . Cooking oil (olive oil, sunflower oil)
- . Tea and coffee
- . Squash/cordial
- . Long-life milk
- . Biscuits and cakes
 - . Soap
 - . Toothpaste
- . Supermarket plastic 'bags for life'; these are used for the delivery of food

Here are the items we collected for this year's Reverse Advent Calendar.
Thank you for your support!





Our Chaplaincy Team delivered our Reverse Advent Calendar donations. St. Vincent de Paul Society members were at the Church to greet us and send a warm 'THANK YOU' to everyone who donated!





SEND news area

Every year Herts Parent Carer Involvement (HPCI) run a survey to find out what families in Herts think of SEND services for the previous academic year. The main headlines are out now, capturing views for the academic year Sep 23 to Aug 24. Read more:

<https://www.hertfordshire.gov.uk/microsites/local-offer/feedback/news-area/headlines-from-the-2024-annual-hpci-survey>



Did you know that families and young people in Hertfordshire can access FREE healthy lifestyle support? Beezee are running a variety of online and in-person programmes across Hertfordshire, starting in January.

Find out more:
<https://buff.ly/41aQBvQ>



**FREE Healthy Lifestyle support
for families in Hertfordshire**



**Our FREE 12 week in-person and online programmes
start on** week commencing 20th January 2025

Monday	Tuesday	Wednesday	Thursday
BOREHAMWOOD Aberford Park Community Centre, WD6 1PN 4:30 - 6:30pm	HEMEL HEMPSTEAD Hobletts Manor Junior School HP2 5JS 5:30 - 7:30pm	STEVENAGE Oval Community Centre SG1 5RD 5:00 - 7:00pm	HATFIELD Birchwood Avenue Primary School, AL10 0PS 5:00 - 7:00pm
CHESHUNT Andrews Lane Primary School, EN7 6LB 4:30 - 6:30pm	** NO SESSION **	WATFORD Leavesden Green Community Hub, WD25 0BW 5:30 - 7:30pm	** NO SESSION **



Sign up today!

BZBinfo@maximusuk.co.uk

01707 248 648





If you know a young person age 10-18 who would like to talk through any worries, they can drop into a Herts Haven Café for a chat, a hot chocolate & some helpful advice from their friendly team.

Find out more:

<https://buff.ly/45Xlzqe>

The poster has a dark blue background with a starry night sky and silhouettes of snow-covered evergreen trees. In the top left, there is an orange splash shape containing the text "Herts Haven Café" in white. To the right, the words "Winter Warmers" are written in large, bold, white letters. Below this, in a smaller white font, it says "Throughout all of December". In the center-left, a purple rectangular box contains the text "Mental health support in the Winter months for 10 - 18 year olds" in white. To the right of this box are two orange mugs filled with brown liquid, with steam rising from them. Below the mugs, a blue rectangular box contains the text "Join us at your local Herts Haven Cafe for some creative activities, themed worksheets, or just a nice cup of hot chocolate with our friendly staff" in white. At the bottom, a teal rectangular box contains the text "For opening times, head over to www.withyouth.org" in white. Finally, a pink rectangular box at the very bottom contains the text "For more information please email: cyp@hertsmindnetwork.org or call 0208 189 8400" in white.

Herts Haven Café

Winter Warmers

Throughout all of December

Mental health support in the Winter months for 10 - 18 year olds

Join us at your local Herts Haven Cafe for some creative activities, themed worksheets, or just a nice cup of hot chocolate with our friendly staff

For opening times, head over to www.withyouth.org

For more information please email: cyp@hertsmindnetwork.org or call 0208 189 8400

The Neurodiversity Support Hub offers advice, signposting and support to parents and carers about a whole range of issues relating to Autism and ADHD.

Open 9am- 1pm Mon, Weds and Fri, and from 9am - 3pm on Tues and Thurs.

Tel 01727 833963

[#ADHDSupport](#)
[#AutismSupport](#)

Neurodiversity Support Hub

For Parents, Carers and Professionals in Hertfordshire

We can offer support, signposting and guidance about a whole range of things including but not limited to:

- Understanding ADHD/Autism
- Distressed Behaviours
- Anxiety
- School

No
Diagnosis
Required

The phones are answered by our team of parents and carers of neurodivergent children and young people

Are you a
Parent, Carer
or
Professional?



01727 833963 

 supporthub@add-vance.org

Opening Hours

9AM - 1PM - Monday, Wednesday & Friday

9AM - 3PM - Tuesday & Thursday

7PM - 9PM - Wednesday (By Appt)

Here to support, reach out for a listening ear



The latest edition of SEND News is out now. Take a look for tips on making your festive season inclusive, and find out about Services for Young People's new Duke of Edinburgh projects:

<https://buff.ly/4fdEXnm>

Subscribe to SEND news: <https://buff.ly/3Q1FBL9> [#SENDnews](https://twitter.com/SENDnews)



SEND News

Keeping you up-to-date with
Hertfordshire's SEND information
(including HAND)



Looking for a fun family activity to do this Christmas?
On the Local Offer we have pulled together a list of all the pantos in the area offering accessible performances.
Take a look on our events pages:

<https://buff.ly/4g7Mrtp>
[#relaxedpantos](#) [#signedpantos](#)
[#SENDactivities](#)





Our Top Tips for Surviving the Festive Season

[#Christmas](#) [#TopTips](#) [#Neurodivergent](#) [#ADHD](#)
[#Autism](#) [#Xmas](#) [#ChristmasDay](#)

<https://x.com/VanceAdd>



ADD-vance

Get Them Used To Decorations

Involve them in changes to the house, e.g. take them shopping for decorations, let them handle decorations, let them see decorations being hung up, or let them help putting them up.

Give Them Control

Enable them to be in control of things which might overload them e.g. scented candles, flashing Christmas lights.

If possible, give them direct control (like the button for the lights) or provide sensory defences e.g. ear defenders or sunglasses.

Decorations

Decoration-Free Zone

Create decoration-free zones in the home e.g. their bedroom.

Make Christmas Fun

Incorporate a Christmas activity that you know they enjoy into their daily schedule, e.g. opening the advent calendar, or switching on the tree lights.

ADD-vance

Stick To The Schedule

Keep the daily routine the same as far as possible, including on Christmas Day. Ensure they have a copy of the schedule with them at all times so they can remind themselves what is happening and share it with others.

Free Time

Build some free time into their daily schedule when they can engage in their special interests. This should help keep anxiety levels down.

On The Day

A Safe Space

Allow them to escape to an agreed 'safe place' at key moments that may be stressful, e.g. when other people are opening their presents. Reassure them it's ok to use this and prompt if necessary.

Meals

Prepare your child for any changes to meals, cutlery or table set-up e.g. by involving them in laying the table or agreeing the seating plan.

ADD-vance

Consider How To Explain Father Christmas

Try to avoid the concept of 'good' and 'naughty' lists as this can cause huge stress if taken literally. Think about where Father Christmas will leave the gifts – many children worry about a 'stranger' coming into the house or into their bedroom.

Wrapping

Discuss whether they would like their presents wrapped and consider alternatives e.g. leaving presents unwrapped, wrapping in cling film or including a picture of what's inside on the gift label.

Presents

Don't Overwhelm

Introduce presents one by one, instead of all at once. Many children prefer to open just one per day!

Set a limit on the number of presents, e.g. one from mum and dad and one from grandparents.

Batteries

Ensure batteries are accessible should a particular toy require them! You could even consider taking the toy out of the box, assembling and/or inserting batteries so it is ready to be played with immediately.

ADD-vance

Staying Away From Home

Support them to pack themselves with plenty of time to prepare what to take beforehand.

This will help them feel in control and less anxious. Take self-soothing objects/activities.

Secret Code

Agree a secret hand squeeze or "code" to say they have had enough. Leave within 10 minutes (warn family and friends this will happen so no time for goodbyes/hugs as this could add a lot of extra time!)

Visiting

Rest and Recover

Spread out social activities across the festive season with rest days in between, to give your child time to recover.

Prepare and Plan

Prepare your child for specific events e.g. by showing them photos of where you are going and how you will get there, and planning what you will eat or wear.



Places Where Kids Eat Free (or for £1) Christmas 2024



<https://moneysavingcentral.co.uk/kids-eat-free>



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING CHRISTMAS 2024

moneysavingcentral.co.uk/kids-eat-free



MORRISONS

Spend £5 from the hot menu and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

EMBER INNS

Kids eat for £1 from Monday 21st October to Friday 1st November 2024 (excludes weekends)

COCONUT TREE

One child (under 10) eats free every day Monday 23rd December 2024 to Friday 3rd January 2025.

LAS IGUANAS

Download the app and join 'My Las Iguanas' for free meals for mini Iguanas. Niños get a main, two sides and a dessert with every adult main (or three tapas dishes) purchased.

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Sun to Weds. All Day Thursdays

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

VISITORS

**"Working together to practice hospitality,
will make us better human beings."** *Pope Francis*

Mary had been told by an angel that she was to give birth to a son named Jesus. When she heard that her cousin, Elizabeth, was also going to have a baby, she went as quickly as she could to visit Elizabeth. Mary went into Zechariah's house and greeted Elizabeth. Now as soon as Elizabeth heard Mary's greeting, the child leapt in her womb and Elizabeth was filled with the Holy Spirit. Elizabeth gave a loud cry and said to Mary, "Of all women you are the most blessed, and blessed is the fruit of your womb. Why should I be honoured with a visit from the mother of my Lord? For as soon as your greeting reached my ears, the child in my womb leapt for joy. Yes, blessed are you for believing the promise made to you by the Lord."

From the Gospel of Sunday 22nd December 2024 - Luke 1:39-44 (the 4th Sunday of Advent, Year C)



✦ Dear Lord Jesus, please ✦
help us to see all **visitors** ✦
to our home this Christmas ✦
as special people who ✦
are loved by you. Amen. ✦

**"Spend time with someone in need, visit someone
who is sick, offer a smile."** *Pope Francis*



Spring Term 2025

6th January 2025 - 4th April 2025

Half Term:

17th February - 21st February

Summer Term 2025

22nd April 2025 - 18th July 2025

Half term:

26th May 2025 - 30th May 2025

Inset:

21st July 2025

22nd July 2025

Occasional Day:

23rd July 2025