



ATTENDANCE

R Mozart- 93.9%	R O'Connor- 90.7%	Y1 Mistral- 93.7%	Y1 Stein- 93%
Y2 Pasteur- 91.7%	Y2 More – 99%	Y3 Hildegard – 99.7%	Y3 Seacole – 96%
Y4 Bonifacio –96.7%	Y4 Michelangelo- 99.3%	Y5 Agnesi- 97.7%	Y5 Teresa- 95.7%
Y6 Shakespeare-98.7%	Y6 Tolkien- 94.7%		

Well done to Y3 Hildegard with 99.7% ATTENDANCE this week!

Our final Adoremus prayer was composed by Y1 Stein class

Dear God,

Thank you for taking care of us and the world.

Thank you for sharing your love,

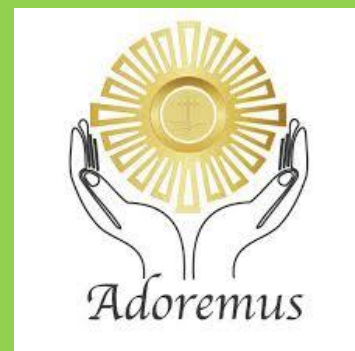
and for sending your son Jesus to show us the light.

Thank you for showing us how to love one another,

and for guiding us with the Holy Spirit.

We will always adore You.

Amen



THIS WEEK IS WELLBEING WEEK

This week the **WHOLE** school is taking time to explore ways of improving our mental and physical wellbeing. We will be getting active, especially with SPORTS DAY; learning ways to understand and manage feelings and relationships; improving our self-care, including what we eat and how much we drink and sleep.

Recently some 6th formers from the John Henry Newman School paid a visit to the Juniors to talk to them about a Walking Around the World event with their school. The aim of the event is to encourage pupils to get more exercise and understand the link between physical activity and good mental health and wellbeing. Together we are aiming for 24,900 miles, the distance around the world. The **Junior Travel Ambassadors** then passed the message on to the Infants. Pupils can take in the part in the event by walking in school and at home, walking to school or having a family walk at the weekend – a one mile walk of four people would add four miles! You can enter a competition for a £40 Amazon voucher by completing the postcard sent home each week and returning it to our school or email wellbeing@jhn.herts.sch.uk with your child's name, school and the distance.

JOIN WITH OUR OTHER CATHOLIC SCHOOLS TO WALK AROUND THE WORLD

Name:..... School:..... Date:.....

The number of miles I have walked this week:.....
My Family have walked miles this week.



Following on from our successful Walk to School Week, and as part of Wellbeing week, we would like everyone to make to think about the quality of the air in our environment and encourage you to continue walking, scooting and cycling to school supporting **Clean Air Day on June 20th 2019**. We know it is not always possible to walk all the way, so it would then be great if you could park ten minutes away from school and walk or scoot the last part of your journey. Remember that "idling engines" contribute massively to "dirty" air and that coming into school via the back gate means you are breathing in fresher air than by the roads.

“We are called to be the hands and face of Jesus as we learn, love and grow together”