



### ATTENDANCE

R Mozart- 91.8%	R O'Connor- 94.6%	Y1 Mistral- 93.7%	Y1 Stein- 93.7%
Y2 Pasteur- 86.3%	Y2 More – 97.7%	<b>Y3 Hildegard – 99.3%</b>	Y3 Seacole – 98.7%
Y4 Bonifacio –98%	Y4 Michelangelo- 98.7%	Y5 Agnesi- 98.3%	Y5 Teresa- 99%
Y6 Shakespeare-96.3%	Y6 Tolkien- 95%		

**Well done Y3 Hildegard with this week's top attendance; almost 100%!**

This week Noah, Amary and Devine in Year 5 have all been selected to represent **Stevenage Primary Schools** in the district side for season 2019/20 and will be playing against district sides all across the south of England and against national district sides in cup competitions next season They were all selected after a 4 week trial period with over 60 local boys trialling and we believe St Vincent's has the highest representation of squad members in Stevenage.



### Fencing

During the course of Wellbeing Week every class partook in a thirty- minute fencing session led by Premier Sports. Each class formed groups of six pupils and started to fence after what they had learnt at the beginning of the session.

They had learnt that

- What you use to score is called a foil.
- You do not wear vests for protection but to know where to score as there is a highlighted square on it.
- The helmet is to protect your face and head from the point of the foil.
- You must have the foil bending downwards.
- You must wear the helmet to be able to play.
- Your feet must be in an L-shape, with your most dominant foot forward.
- You must hold the foil with your most dominant hand.
- If you hold the foil with your right hand your right foot must be facing forward. This is the same with your left leg and hand.
- The hand that you are not using to hold the foil must be behind your back.
- To score you need to get the point of the foil inside the square on the vest.



The children had a lovely time playing with each other - even Nursery who were such good listeners. Some groups even had competitions with semi-finals and finals in them. Year six had had a bit more experience as they had partaken in fencing at Kingswood.

Overall it was a great experience for those who had never done fencing before to try something new.




### SHAKE UP, WAKE UP!

During Wellbeing week, the KS2 Hall doors were open and music blasted out, inviting pupils in to warm up for the day ahead with a dance to popular tunes. Word spread quickly, and pupils ( and staff) gathered to get fit and have fun to The Macarena, YMCA, Happy and more. They all left ready for the day ahead with big grins on their faces!

## KEEP WALKING, CYCLING, BEING ACTIVE say JTA!

More postcards were given out last week. Please don't forget to return them, even if you think you have not gone far; every little helps and is an entry into the £40 draw. Mrs Davies (JHN) reported that 10,000 miles have been covered so far. See details of a dog walking event below to help boost the total!

Name:..... School:..... Date:.....



The number of miles I have walked this week:.....  
My Family have walked ..... miles this week.

## Sports Day

From Monday the 17<sup>th</sup> of June to Friday the 22<sup>nd</sup> of June it was Wellbeing weeks at St. Vincent De Paul Catholic Primary School. On Monday morning, we had a junior sports day practice as we needed to practise for the actual day on Friday. There are five teams but split in two; they are: Red 1, Yellow 1, Green 1, Blue 1, Black 1, Red 2, Yellow 2, Green 2, Blue 2 and Black 2. There were ten events such as the team challenge, the obstacle course, jumping, football, passing the ball, shooting, tug of war, relay and parachute. Here is a table of how to do each activity.

Team Challenge	You need to get from one side of the field to the yellow pole. You have to get a mat place it down on the floor and get on it. Next, you get all your team mates on it. Thirdly, you have to get the second mat and place it in front of the first mat almost like a bridge so that everyone can walk along it. You do this until you reach the yellow pole. Then repeat until the finishing bell rings.
Obstacle Course	First, you put the hoop over your head and down your body. Secondly, you backwards row on the bench. Next, you go under the cargo net and jump over the hurdles.
Standing Jump	You must stand across the first white line and then jump as far as you can to one of the six spaces. Your aim is to jump the furthest.
Football	There are different shooting points for different year groups. You take turns in your year group to kick the ball into the goal. If you score you get a point.
Passing the ball	You split into three groups and stand behind the net. One person stands on the other side (person 1). Person 1 passes it to the person on the left of him or her then that person throws it back. He then passes to the next and so on. The last person he passes to becomes person 1.
Shooting	Each year group has their own shooting point either a basketball hoop or a netball one. They each take turns shooting. you score you get a point.
Tug of War	Each team goes on the supposed side of the rope and pulls when told to. Whoever pulls it to their side first wins.
Relay	There are 4 points. You split in to four groups and the first person runs to the next point then goes to the back of the line they ran to.
Parachute	The group holds the parachute and has to work as a team to get the ball in the centre hole of the parachute as many times as they can.

On the actual day one girl and one boy from each group sprinted a distance depending on their age. The students were very excited on Friday and were cheered on by their parents. It didn't matter who won...everyone had fun!



**JHN WALK AROUND THE  
WORLD....WITH DOGS!**

**DATE: SUNDAY 7<sup>TH</sup> JULY**

**TIME: 6PM**

**MEET IN THE MAIN  
CARPARK OF FAIRLANDS  
VALLEY PARK**

**DISTANCE: THE WALK AROUND THE THREE  
LAKES IS 1.6 MILES - THIS CAN BE  
SHORTENED FOR DOGS WITH LITTLE LEGS.**

**ALL ARE WELCOME EVEN IF YOU DON'T  
HAVE A DOG!**

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