

Supporting your child with handwriting difficulties at home

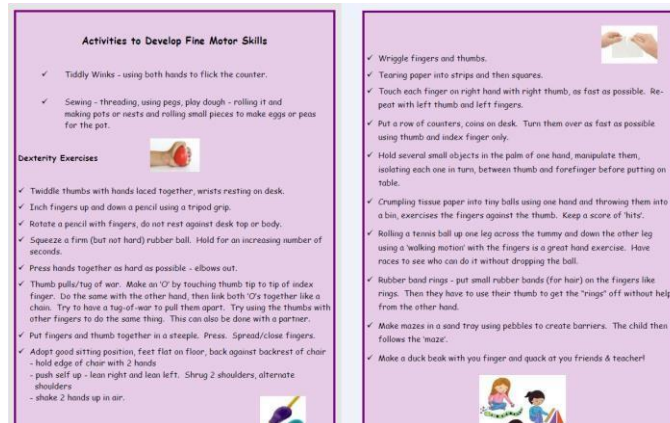
Have a look on the Hertfordshire Local Offer for lots of information and resources to download.

<https://www.hertfordshire.gov.uk/microsites/local-offer/professionals/specific-learning-difficulties/handwriting.aspx#>

Difficulties with letter formation and early skills

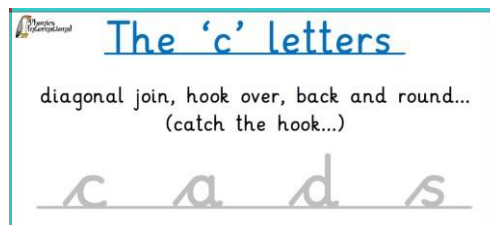
Have a look at our leaflet on fine motor skills - these help with the finger strength needed for handwriting

<https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/spld-handwriting-fine-motor-skills.pdf>



Teach letters in groups to make it easier for your child to learn starting points

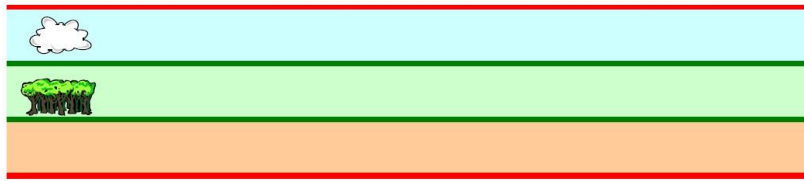
http://debbieheplewhitehandwriting.com/source_images/Demonstrating%20the%20letter%20group_s.pdf



Experiment with different size and types of pens and pencils to find one that is comfortable for your child and make sure they are holding it correctly <https://www.wikihow.life/Hold-a-Pencil>

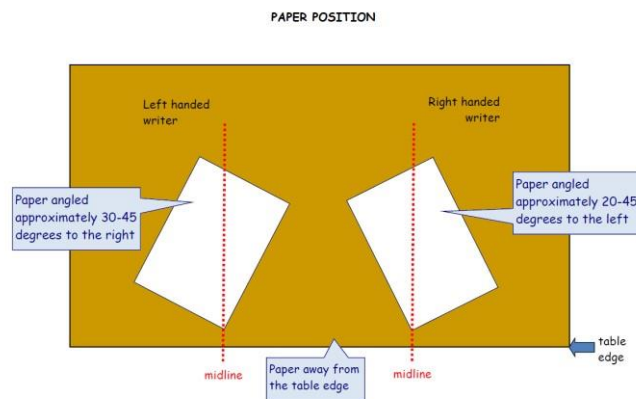


Try using sky/trees / earth paper <https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/spld-handwriting-and-writing-sky-tree-grid.pdf> This can help to show tall letters (up into the sky) and long letters (down into the earth)

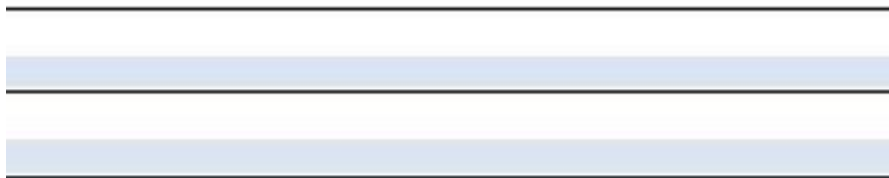


For difficulties with sizing and layout

Make sure the paper is set out to support your child - this can be especially important for left handed writers <https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/spld-handwriting-paper-position-image.pdf>



Try using shaded paper; this can help older learners to judge sizing of letters in their writing <https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/spld-handwriting-shaded-blue-lines-paper-standard.pdf>



For older learners with persistent handwriting difficulties

Teach touch typing - this is a life skill and can make it quicker and easier to work, enabling learners to show what they know. Two free programmes to try:

<https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>

www.typingclub.com