



PHSE/RSE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Rules and Routines Protective behaviours	Belonging (School community) Friendships	RSE – TEN TEN -Me and my body -Personal hygiene	RSE - TEN TEN Self-regulation and emotional literacy Likes and dislikes Protective behaviours	Our wider community TEN TEN	Transition Moving on Protective behaviours
Year 1	Rules and Routines Protective behaviours	Belonging (School community)	-Friendships and relationships TEN TEN	RSE – TEN TEN Me and my body Caring for others Protective behaviours	Our wider community Careers TEN TEN	Transition Moving on Protective behaviours
Year 2	Rules and Routines Protective behaviours	Belonging (School community) Friendships	RSE – TEN TEN Likes and dislikes Feelings Self-regulation	RSE – TEN TEN Me and my body Personal hygiene Protective behaviours	Staying safe Online safety (TEN TEN)	Transition Moving on Protective behaviours
Year 3	Rules and Routines Protective behaviours	Belonging (School community) Friendships	*Families Self-regulation *Staying safe online TEN TEN	Helping others (First Aid) Rights and responsibilities TEN TEN	Our wider community TEN TEN	Transition Moving on Protective behaviours

				Protective behaviours		
Year 4	Rules and Routines Protective behaviours	Belonging (School community) Friendships	Self-regulation Body awareness TEN TEN	RSE -TEN TEN Me and my body Protective behaviours	Money Matters TEN TEN	Transition Moving on Protective behaviours
Year 5	Rules and Routines Protective behaviours	Belonging (School community) Friendships	Self-regulation Peer pressure (TEN TEN)	RSE (TEN TEN) Staying safe online Bullying Protective behaviours	Caring for my body Helping others Careers TEN TEN	Transition Moving on Protective behaviours
Year 6	Rules and Routines Protective behaviours	Belonging (School community) Friendships Money matters TEN TEN	Body Image Dealing with feelings TEN TEN	RSE – TEN TEN Making babies The menstrual cycle My changing body Protective behaviours	RSE- TEN TEN Our changing bodies Caring for our body	Transition Moving up Protective behaviours