PUPIL POST



The Baptism of the Lord 12th January 2025





Wishing all our families and members of our extended community a happy, healthy and safe new year.

8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY





Find three things to look forward to this year

Make time today to do something kind for yourself

Do a kind act for someone else to help brighten their day

Write a list of things you feel grateful for and why

Look for the good in others and notice their strengths

Take five minutes to sit still and just breathe

Learn something new and share it with others

Say positive things to the people you meet today

Get moving. Do something active (ideally outdoors)

Thank someone you're grateful to and tell them why

Switch off all your tech at least an hour before bedtime

Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

Go to bed in good time and allow yourself to recharge

Try out something new to get out of your comfort zone Plan something fun and invite others to join you

Put away digital devices and focus on being in the moment

Take a small step towards an important goal

Decide to lift people up rather than put them down

Choose one of your strengths and find a way to use it today

Challenge your negative thoughts and look for the upside

Ask other people about things they've enjoyed recently

Say hello to a neighbour and get to know them better

See how many people you can smile at today

16

Write down your hopes or plans for the future







ACTION FOR

HAPPINESS

Let's get

2025 off to

the best

possible

start and

create a

sense of

hope for

the year





Welcome back to the new term. **Reception Mozart** were back in fine spirits and worked hard on the first day. We are learning the new digraph 'ai.'









The children in Nursery class were happy and settling in.



























They continue to develop their own ideas, make links and learn new strategies to meet their goals.



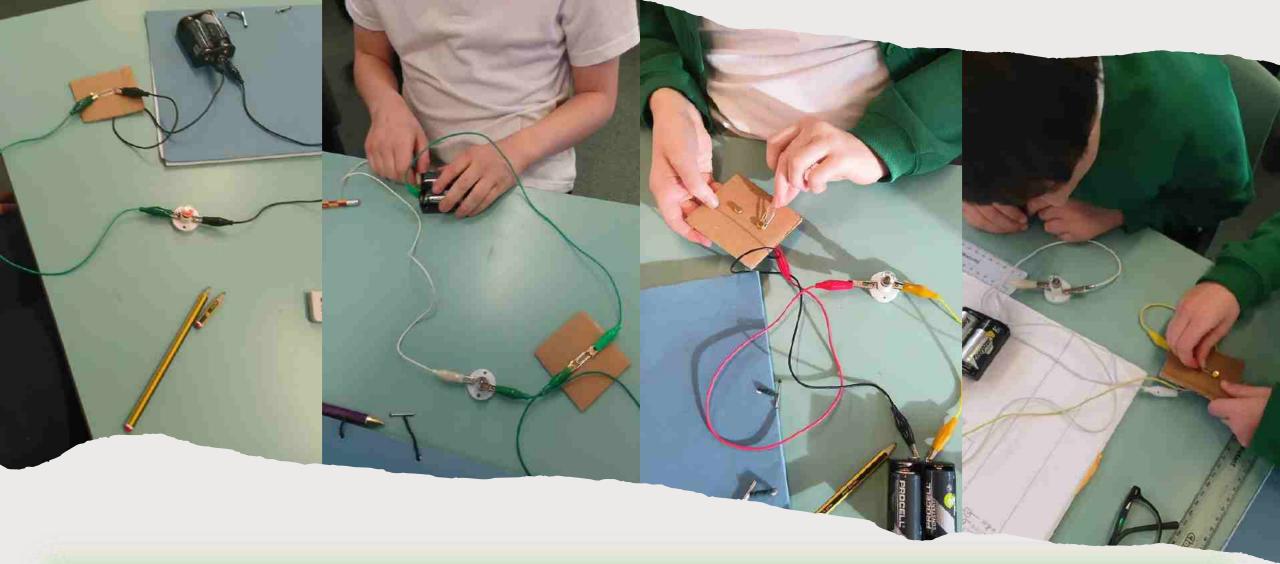












In DT, Year 4DA were learning how to design, make and test their own switches for use later on when making their own torches.

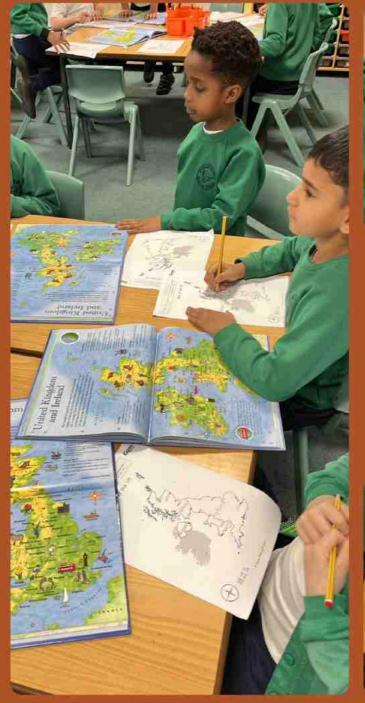
Reception enjoyed their PE on Tuesday morning, and learned some basic balance shapes. Ask them to show you their pikes, tucks and straddles!!













atlases





Year 2 enjoyed using the atlases in their new Geography topic.











Our Reception children have been learning about the journey of the Magi, who followed a star to find baby Jesus. They've explored the story from the Bible, re-enacted the journey, and expressed their learning through beautiful artwork and creative activities!

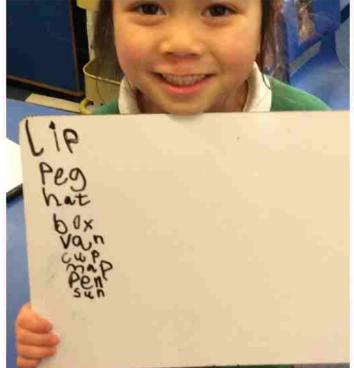




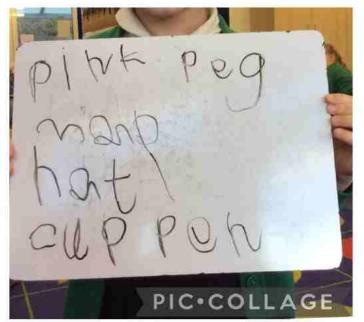
Reception have been working so hard on their writing this week, learning the sounds: ai, ee, igh, and oa. Amazing effort, everyone!







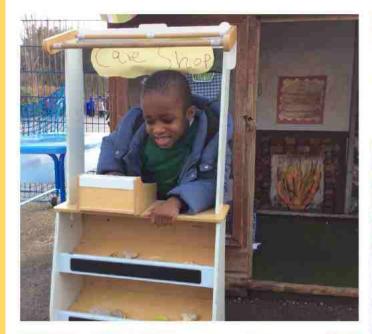




Reception's English book this half term has turned our role play areas into cake shops.

The children are having fun outside and showing great imagination.





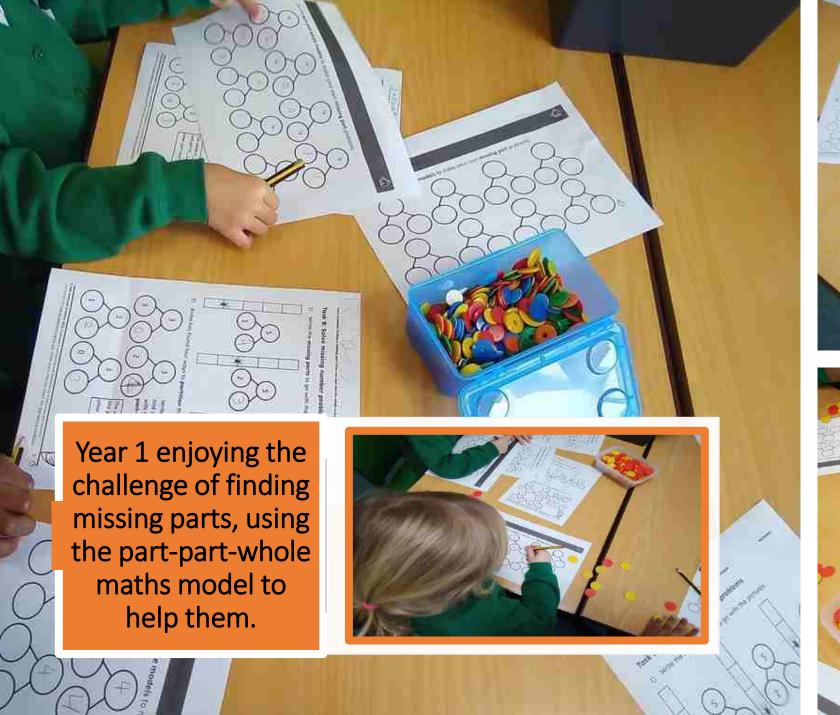






They have also had a delightful time exploring the cake shop in the outdoor area!









After listening to the Gingerbread Man, the Reception children had so much fun using their senses to describe the appearance, taste, and texture of biscuits! They were great at sharing their observations!











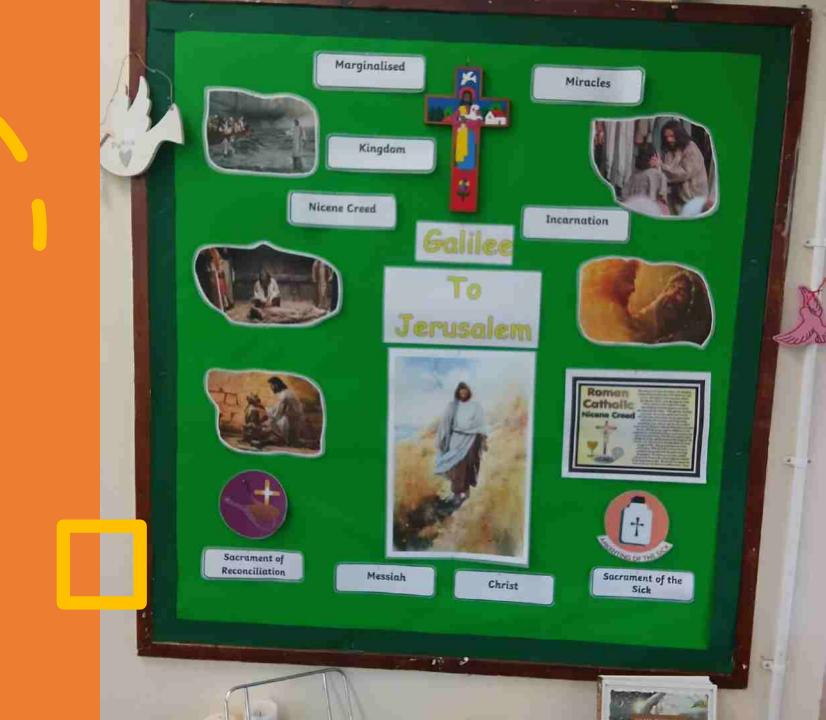


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Watch the children in Reception O'Connor have fun talking about the Gingerbread Man!



Our new RE display in Year 4.



Year 1 using direction keys to find their way around a set of mazes during computing









The children in 4DA were learning to play a walking bass on tuned percussion instruments.









Congratulations to our year 4 team, shown with the winner's trophy (and their Slytherin banner) at the inaugural QUIDDITCH FESTIVAL, held at Barnwell School Sports Hall.

Also pictured with the visiting High Sheriff of Hertfordshire.
What a team!

Winter Wednesday Wellie Walk

















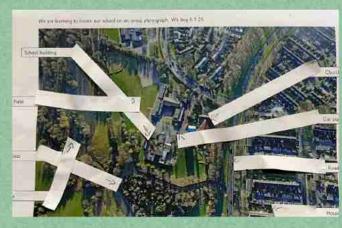
In Geography
this week
Year One have been
looking at
aerial photos.

We found our school, the church and the lakes, plus many other things.

Great fun!











Looking at our school's location on an aerial photo.

PIC.COLLAGE

Year 5 Teresa have been learning about the Beatitudes and painted using wax resist techniques to show that not all blessings can be seen.





Reception classes enjoyed tasting biscuits and used fantastic vocabulary to describe the different varieties.

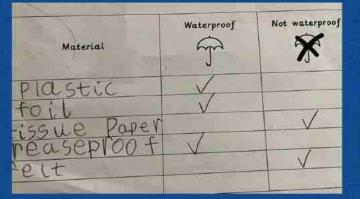








Year One has been testing different materials to see if it is waterproof! We then collected the data. Well done children!











In the Nursery

























Please reach out if you need support

Under





Call 0800 1111

Open 24/7, under 19s www.childline.org.uk

Other







Call 0300 123 3393

9am - 6pm, Mon - Fri helpline 18+ only (Closed 25 & 26 & Jan 1)



Call 116 123

Open 24/7 | all ages

shout 85258

Open 24/7 | all ages

Text

to

SHOUT

85258

here for you 24/7

For more advice and information visit: youngminds.org.uk/urgent-help

Check out the new spring term programme from Family Lives.
These free courses cover a range of topics, including the 6 week group for 'Bringing up Confident SEN Children'.

For more info on any of the courses, contact Louise at 0204 522 8700 or email services@familylives.org.uk





Family Lives Spring Term Programme 2025

Less Shouting, More Cooperation (6 weeks) Online group

Wednesday 22 January to 5 March 7.00pm to 9.00pm

A programme to help parents be more effective at getting their children to cooperate and listen to them

Bringing Up Confident SEN Children (6 weeks) Online group

Monday 3 February to 17 March 9.30am to 11.30am

A programme to help parents gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school

Sorting Out Arguments in your Family (6 weeks) Online group

Wednesday 5 February to 19 March 9.30am to 11.30am

A programme aimed at helping sort out arguments between parents and their children and between brothers and sisters

Getting on with Your Pre Teen/Teenager (6 weeks) Online group

Thursday 27 February to 3 April 9.30am to 11.30am

A programme to help parents understand and get on better with their teenage children. Maybe there is an FFA/CIN/CP in place and need more support

Dads Together (6 weeks) Online group

Wednesday 26 February to 2 April 7.00pm to 9.00pm

A programme to support dads in learning how to change the way you communicate with your child, respond better and feel more in control



If you need some support and are not sure where to turn, Herts Help is here for you.

Their trained advisors are available to offer free, confidential assistance to help you stay safe and well.



2025: The Jubilee Year of Hope!

Please read and reflect together upon this week's gospel. The theme is

Pope Francis Baptism gives strength and it gives light.

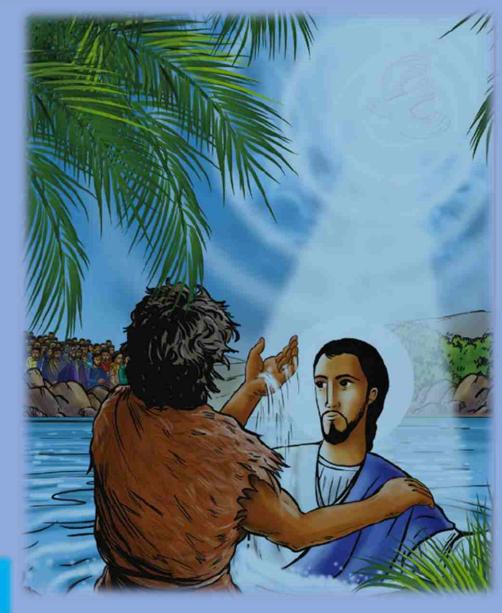
Baptism is one of the seven sacraments which bring us closer to God. When we are baptised we become a new creation; we receive new life and a Christian identity. We become members of Jesus' family where everyone is a brother or sister to each other and where God is our loving Father.



A feeling of expectancy had grown among the people, who were beginning to think that John the Baptist might be the Christ, so John declared before them all, "I baptise you with water, but someone is coming, someone who is more

powerful than I am, and I am not fit to undo the strap of his sandals; he will baptise you with the Holy Spirit and fire". Now when all the people had been baptised, and as Jesus was being baptised, heaven opened and the Holy Spirit descended on him in bodily shape, like a dove. And a voice came from heaven, "You are my Son, the Beloved; my favour rests on you."

> Adapted from Luke 3:15-16.21-22 The Baptism of the Lord, Year C



Dear Lord Jesus, thank you for the gift of Baptism. Please help us to live like you and to spread God's love throughout this new year. Amen.